



EXTRACURRICULAR FORTNIGHTLY SATURDAY SCHOOL ABOUT AFRICAN & CARIBBEAN CULTURE AND TRADITIONS, FOR CHILDREN AGED 7-12.

DELIVERING: BLACK HISTORY CLASSES; AFRICAN & CARIBBEAN INSPIRED DANCE LESSONS; AFRICAN & CARIBBEAN FOOD LESSONS.

LOCATION: STRATFORD, EAST LONDON.

Hello, we are the I AM SCHOOL OF EXCELLENCE™ and we have always been firm believers that what you put after the words "I am..." is truly powerful.

We have noticed too often within the black communities, unnecessary, negative learned beliefs regarding elements of African & Caribbean culture and tradition.

Through conversations with fellow parents, we have become very aware that there is some complaint that there is a lack of public opportunity to learn about black culture and traditions in a more uplifting way than is already being taught. Although many dedicated parents are providing this information to their children in the home, we also understand that this information may not be as regular or as structured as some working parents would prefer; that's where the I AM SCHOOL OF EXCELLENCE™ are here to help. :)

Vision

For a while we have been contemplating starting our own fortnightly Saturday school for children to learn about both African & Caribbean cultures. We envisioned creating a central place for children to come and learn how to cook both African and Caribbean cuisine; to learn about the art from these extraordinary cultures through dance and music; to learn a language from their African ancestors; and most importantly to learn about the amazing history.

I Am...

So how does the name "I am..." fit into all of this?

Our main objective is to provide your children with a new mind-set about themselves and their community.

Are they dictated by what others say they are? Or have they recognised their own power to be whatever they choose?

For example, if one is constantly told that one is 'naughty' or 'can't achieve' does one start to subconsciously accept that as their reality?

There's a Buddhist saying that states, "Each morning we are born again. What we do today is what matters most".

Every day is a fresh slate and an opportunity for us to be whoever we want to be.



Left: I Am School of Excellence™ children preparing presentation resources on Ancient African Kingdoms.
Right: End of Year 1 rewards ceremony.



Left: I Am School of Excellence™ children learning original choreography to Afrobeats.



Left: I Am School of Excellence™ children preparing their Jamaican chicken Patties for the oven.
Right: Children learning how to cook Ghanaian bean stew / red-red.

What's next?

We have been running workshops with children now since January 2017 and it is so far, a HUGE success with one parent saying:

"Thank you! My son thoroughly enjoyed his 1st session yesterday. He is feeling very empowered by the I AM statement and was singing in the shower last night saying - I am amazing! He has also given me the recipe

I AM SCHOOL OF EXCELLENCE™ PRESS RELEASE info@iamschoolofexcellence.com
www.iamschoolofexcellence.com

*and method to make the patties. We will try and make them today.
Thanks again".*

Due to the positive response from parents, not only in the UK but overseas, we plan to continue our workshops and even expand on the curriculum that we offer. As a result, we are currently looking for funding to help sustain the cost for ingredients, equipment, resources and the venue. Any positive press we receive would be more than welcome!

You can also donate an amount, whether big or small, to us here: <https://www.gofundme.com/i-am-school-of-excellence-funding>

Thank you for reading,
Warm regards,

I Am... x

- Contact: Julia Kibela (Founder / CEO / Manager)
- info@iamschoolofexcellence.com
- www.iamschoolofexcellence.com
- Instagram: @iamschoolofexcellence
- Facebook: <https://www.facebook.com/iamschoolofexcellence/>
- YouTube: <https://www.youtube.com/channel/UCoYaUM3NLxMubljS6oBH6A>
(Subscribe!)
- Twitter: @iamschoolofexc1
- Snapchat: iamschoolofexcl
- Mob: 07546 429 628